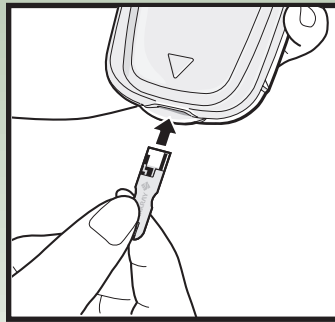


# QUICK START

**GLUCOCARD™  
X-METER**  
Blood Glucose Monitoring System

**Step 1: Insert test strip as shown in diagram.** A beep will sound and the meter will turn on automatically. Verify that all symbols appear on the screen.



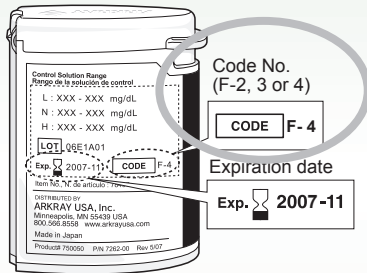
The GLUCOCARD™ X-METER stores up to 360 test results. When more than 360 test results have been performed, the meter drops the oldest result each time you add a new result.

**Step 1: Press the Orange/Up Arrow button for 2 seconds.**

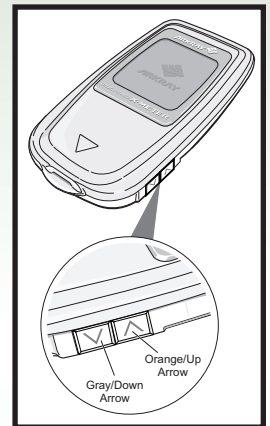
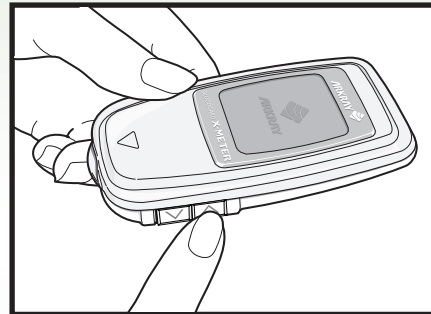
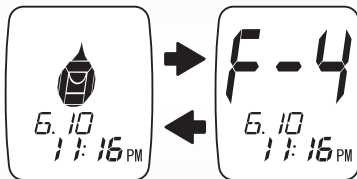
A beep sounds and the test meter turns on. The meter next shows the year, date, and time. After 2 seconds, either the Test Average or the most recent test result will appear.

## 2. Recalling Results/Entering Memory Mode

## 1. Performing a Blood Glucose Test



**Step 2:** The beep will sound again. The Apply Blood symbol and the code number (F-2, F-3, or F-4) will alternate on the screen. **Verify that the code number on the screen matches the code number printed on the bottle.**



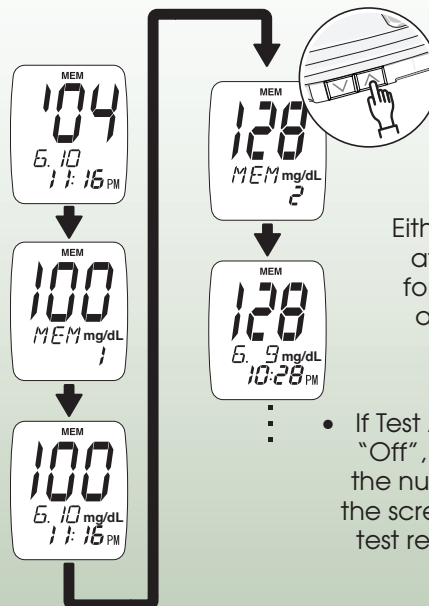
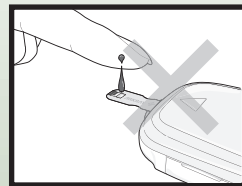
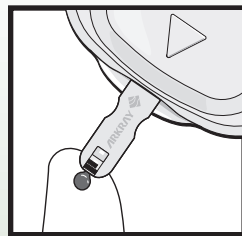
**Step 3:** Obtain a blood drop. **Apply blood to the end of the test strip.** Capillary action will pull the blood into the strip. The meter will beep when it detects that blood has been applied.

If meter does not start after adding the first blood drop, you may apply a second drop within 10 seconds of the first drop. Discard strip if meter does not start to count down after second blood drop is applied.

If it takes longer than 20 seconds to obtain a blood sample and to touch the test strip to the blood drop, repeat Step 3.

Do not add blood on top of the test strip, as you may receive an inaccurate result.

**Step 4:** The meter counts down and displays result in 5 seconds. The result is stored in memory.



• If Test Averaging has been turned on, the average result will appear first.

Either "14d" or "30d" will show at the bottom of the screen for either a 14-day or 30-day average. "AVE" will appear above "14d" or "30d".

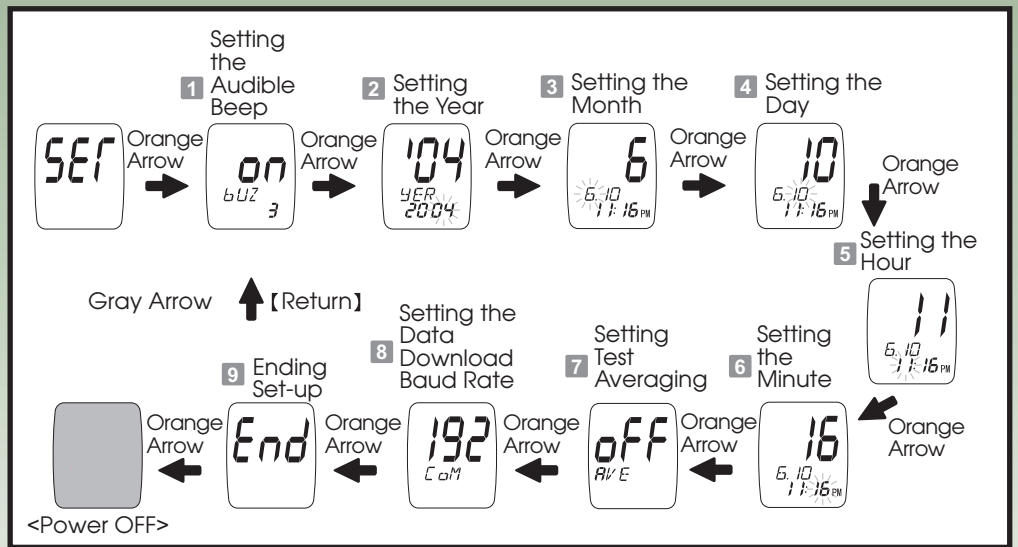
• If Test Averaging has been set to "Off", the display will briefly flash the number "1" at the bottom of the screen. Then, the most recent test result appears with the date and time of the test.

"MEM" will display at the top of the screen.

**Step 2:** Press the Orange/Up Arrow button to scroll through memory. Press and hold the Orange/Up Arrow button to move through the results quickly. Press the Gray/Down Arrow button to move backwards through results in memory.

### 3. Meter Set-Up

To enter set-up mode, hold both the Orange/Up Arrow and Gray/Down Arrow button for 5 seconds. "SEr" appears on the screen. Press Gray/Down arrow button to reach desired setting. Press Orange/Up Arrow to enter selection and move to next setting.



### 4. Trouble shooting

Your blood glucose level is less than 20 mg/dL or there was not enough blood on test strip. Repeat test with new test strip. Make sure you use enough blood to fill the strip. If this message shows again, contact your healthcare professional immediately!

Your blood glucose level is more than 600 mg/dL. Repeat test with new test strip. If this message shows again, contact your healthcare professional immediately.

Battery power is too low for testing. Replace batteries immediately. Results may not be accurate when testing with low battery symbol on.

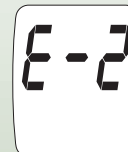
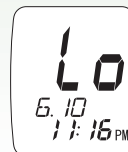
Thermometer symbol. The meter temperature is outside acceptable range of 50°F-104°F (10°C-40°C). Allow the meter and test strips to warm up or cool down slowly (20 minutes) until the temperature warning symbol goes away.

The meter temperature is outside acceptable range of 50°F-104°F (10°C-40°C). Allow the meter and test strips to warm up or cool down slowly (20 minutes) until the temperature warning symbol goes away.

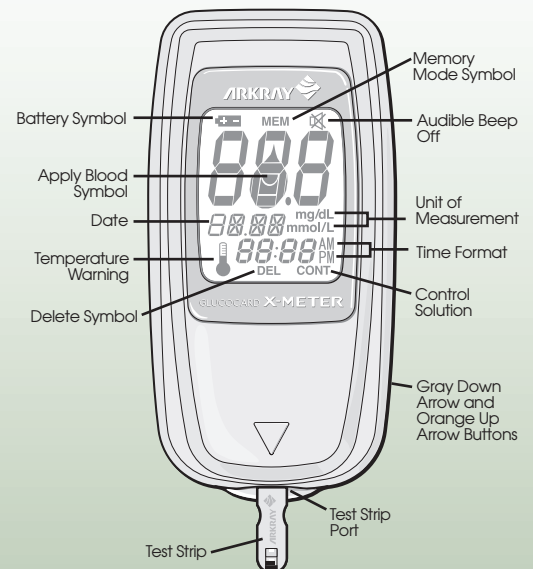
Test strip problem. Contact bars on test strip may be dirty. Incorrect test strip used. Used test strip has been inserted. Repeat test with new test strip.

Not enough blood added to test strip. Or incorrect blood application technique. Retest with new test strip.

Code Number. This shows the code number currently in the meter. The number on the screen must match the number on the test strip bottle. If screen code does not match the test strip code, use a new test strip. If code still does not match, use a new bottle of test strips or call Customer Service at 800.566.8558.



### Meter Components



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